

北京市十一学校 2023 级常规初一英语学科活动 10.19

时长: 45 分钟 分值: 90 分

一、单项选择 (共 10 分, 每题 1 分)

从下面各题所给的 A、B、C、D 四个选项中, 选择可以填入空白处的最佳选项。

1. ---Is this your dictionary, Jean? ---No, It's not mine. It's _____.
A. she B. her C. hers D. herself
2. ---What's this _____ English? ---It's a pencil.
A. in B. at C. for D. of
3. This is _____ eraser and that's _____ ring.
A. a; a B. an; an C. a; an D. an; a
4. ---_____ is my skirt? ---It's behind the door.
A. Where B. What C. Whose D. Which
5. _____ your mother usually _____ carrots?
A. Is, eat B. Does; eat C. Do; eat D. Are; eat
6. Let's _____ to play basketball with Tom.
A. go B. going C. is going D. to go
7. Watching sports on TV _____ boring.
A. plays B. likes C. sounds D. has
8. ---Is the bread in the kitchen? ---No, _____.
A. they are B. they aren't C. it isn't D. it is
9. He _____ a small room. _____ a nice desk in it.
A. have, There has B. have, There is C. has, There has D. has, There is
10. ---Thank you for your help. ---_____.
A. That's right B. You're welcome C. You're right D. Don't thank me

二、完成句子。请根据中文提示完成句子, 每空 1 词。(共 17 分, 每空 1 分)

11. 老人们会讲故事, 你可以和他们交朋友。
Old people can _____ and you can make _____ with them.
12. ---这些是你的笔记本吗? ---不是, 他们是 Bob 的。
---Are _____ your _____? ---No, they are Bob's.
13. 我中饭喜欢吃苹果和鸡肉。我认为他们是健康的。
I like apples and chicken _____. I think they're _____.
14. 我想加入象棋俱乐部, 因为擅长象棋。
I _____ the chess club because I can play chess very well.
15. 在第一个十字路口右转, 餐厅就在你的左手边, 紧挨着公用电话。
Turn right at the first _____ and the restaurant is on your left, _____ the pay phone.
16. 我喜欢看猴子在山上爬来爬去。
I like to _____ the monkeys _____ in the mountains.

三、语法填空 (共 13 分, 每空 1 分)

请用括号内单词的适当形式填空, 无单词提示的空请根据上下文推断后填写。

- 1) Hi, I'm Jenny. Here are two nice 17 of my family. My grandfather and grandmother are in the 18 photo. These are my 19, Alan and Mary. They are both 40 years old. In the 20 picture are my brothers, Bob and Eric. These two girls are my sister Cindy and my cousin Helen. Coco is 21 my family, too.
- 2) Dear Linda,
I'm very busy with my work. But my mother 22 (need) my key. She can't 23 (get) into the house. Please help 24 (I) take the key to her. It's not difficult 25 (find) my house. Now let me tell you 26 to get to my house. First, walk to the post office near our office building. Pass it and go straight. Turn right at the traffic light, and then you'll get to New Street. There 27 a bank on your left and then go down the street. Walk for about five 28 (minute) and you can see a supermarket. I enjoy 29 (shop) there on weekends. My house is across from it. My mother will wait for you in the garden in front of the house.
Thanks a lot. See you soon.

四、完形填空。阅读短文，选出可以填入空白处的最佳选项。(共 20 分，每题 2 分)

One day, I came home after school and threw my gym bag and volleyball down on the floor. I 30 to join the school volleyball team. I felt terrible, so I didn't want to talk to anyone. My mother tried to 31 me up, but nothing she did worked.

Finally, my mother sent me to visit my uncle. Off I went in my bad mood(心情). I rang the bell. No answer. Then the door 32 flew open. "ARRRRRRGGHHH!" a monster roared (吼叫) in my face! The mask came off, and Uncle Gerry said, "Still in a bad mood?" I guessed my mother had told my uncle about my 33, so he decided to give me a little surprise. I didn't want to admit (承认) it, but I felt better.

Later on, he 34 me some good advice. He said, "Tommy, I am 35 of you for trying out for the volleyball team. Every year, I promise(承诺) to try one new thing—like a new sport or a new hobby. Trying new things helps you 36 as a person."

It sounded 37, so I decided to try his idea. I was walking by a school when I saw some kids playing baseball. I thought about what my uncle had said, so I walked close to the kids. It took some 38, but soon I was playing with them and having fun. From then on, I played with them every week. Step by step, I became good 39 playing baseball. And I found this happiness because I tried something new.

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|----------------|---------------|-------------|----------------|
| 30. A. failed | B. hoped | C. decided | D. chose |
| 31. A. cut | B. call | C. cheer | D. dress |
| 32. A. quietly | B. carelessly | C. politely | D. suddenly |
| 33. A. life | B. experience | C. club | D. value |
| 34. A. gave | B. borrowed | C. bought | D. guided |
| 35. A. proud | B. hard | C. afraid | D. sure |
| 36. A. wish | B. play | C. build | D. grow |
| 37. A. boring | B. surprising | C. crazy | D. interesting |
| 38. A. time | B. courage | C. energy | D. money |
| 39. A. with | B. for | C. at | D. to |

五、阅读理解(共 20 分，每题 2 分)

A

左栏是 3 位有不同学习需求的学生，右栏是 4 则广告简介，请为每位学生选择一则适合的广告。有一项多余。

In the left are 3 students who have different learning needs. In the right are four advertisements. Please choose a suitable advertisement for each student.

<p><u>40</u> Alice is weak in math. She has tried her best to learn it well by herself, but she feels it too hard. Now she would like a teacher to help her with it.</p> <p><u>41</u> Wade likes singing so much. He often sings beautifully in Karaoke, but he never gets professional training. Now he wants to improve his singing by following a singing teacher.</p> <p><u>42</u> Lily is interested in playing chess. She often plays it with her grandfather at home. Now she hopes to join a club to play with others so as to improve her chess level.</p>	<p>A. Mr. Sun is a math teacher. In his spare time he often plays chess with others in the club which he set up two years ago.</p> <p>B. Miss Lin graduated from Xinghai Conservatory of Music (星海音乐学院) this year. She majors in(主修) dancing and gets a lot of chances to put on performances around the country. Now she sets up a dancing training center.</p> <p>C. Mr. Li is an experienced math teacher from No.1 Middle School. He is very kind and helpful. He often helps those who are poor in math.</p> <p>D. Miss Yang is a professional music teacher in No.3 Middle School. She won a lot of singing contests before becoming a teacher. She is able to guide anyone to do well in this field.</p>
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B

It is a good idea to give school trips to students. Many people know that students sometimes need to learn outside. Study and learning are not just reading books!

Some school trips make students see more about nature (自然). The students visit many places such as zoos, mountains, forests or sometimes farms and so on. The teachers want the students not only to know about nature, but also to learn to love it and take care of it.

Other school trips are for students to learn about their city or interesting jobs. They take students to visit a police station or a fire station. These kinds of school trips help students learn about jobs, and help them to be thankful to the people who work for their city.

Students usually love school trips! They can go out of the classroom and have fun. The teachers know that students can learn a lot when they relax and have fun. School trips can please both teachers and students!

Teachers should tell the students not to throw rubbish everywhere during the trip. Today our environment is getting better and better. It is important for us to protect the environment.

43. From school trips, students can learn the following things **except** _____.

- A. how to love nature
- B. how to find an interesting job
- C. how to take care of nature.
- D. how to protect the environment

44. Why do the students visit a police station or fire station?

- A. To learn more about the neighborhood.
- B. To help clean the office.
- C. To learn about jobs and to be thankful.
- D. To help people in the office.

45. What's the main idea of the passage?

- A. School trips can help students learn more.
- B. Students like to learn more about nature.
- C. School teachers know about their students.
- D. Students usually love school trips.

C

It's hard to refuse hamburgers, French fries, potato chips. And all of the other junk food that seemed to call out to us. However, eating too much junk food can harm your body, particularly if you are between the ages of 10 and 19.

"Junk food shapes teenagers' (青少年) brains in ways that **impair** their ability to think, learn and remember. It can also make it harder to control impulsive (冲动的) behaviors," said Amy Reichelt. A brain and nutrition specialist at Western University, Canada. "It may even up a teen's risk of unhappiness and anxiety."

Reichelt and two other researchers reviewed more than 100 studies about how poor food choices can influence (影响) teenagers' brains. They found teenagers are more sensitive (敏感的) than any other age group to man-made foods with a lot of fat and sugar and their brains are not yet fully formed.

Teenagers' brains are still developing the ability to assess (评估) risks and control actions. The prefrontal cortex (前额皮质) is a part of brain. It tells us we should not eat chips all the time and helps us resist the urge. However, this region is the last to mature—it doesn't fully develop until we are in our early 20s.

Meanwhile, teen brains get more excited from rewards. The parts of the brain that make us feel good when we do something pleasurable—like eating tasty foods—are fully developed by the teens year.

In fact, these regions are even more sensitive when we are young. That is because dopamine (多巴胺), a natural chemical that lifts our mood when we experience something good, is especially active in teen brains.

Therefore, the teen brain has two actions against it when it comes to resisting junk food. "It has a stronger drive for rewards and less self-regulation (自我调节)," said Reichelt.

So what's the best way to say no to junk foods? Researchers suggest exercise. When we exercise, the brain's reward system (系统) becomes less sensitive to food clues. Exercise also pushes the body to make a protein (蛋白质). It helps brain cells grow and form connections between the prefrontal cortex and other brain regions. The

prefrontal cortex thus can work better to help us make wise decisions and control our impulses.

46. The word "impair" in paragraph 2 probably means _____.
- A. improve B. weaken C. change D. influence
47. According to the passage, teenagers are more sensitive to _____.
- A. Milk B. Salad C. Ice-cream D. Strawberries
48. What is the writer's main purpose in writing the last paragraph?
- A. To discuss why teenagers prefer the junk food.
B. To stress that it is difficult for teens to resist the junk food.
C. To suggest that teens do more exercise to resist the junk food.
D. To question whether our mood could suffer from eating junk food.
49. What can we learn from the passage?
- A. Dopamine can lift our mood when we exercise.
B. Fat and sugar in the junk food is bad for our health.
C. The prefrontal cortex is fully developed by the teen years.
D. Having more junk food may cause unhappiness in teens.

六、阅读与表达。阅读短文，根据短文内容回答问题。（共10分，51-53每题2分；54题4分）

Getting through the darkest days

A "dark moment" refers to the most difficult time in your life. Have you experienced any dark moments before? How did you get through it?

Bob

When I got to Junior 1, I was sad to find out that all of my classmates had studied everything before the class started. During class, everyone knew the answers to our teacher's questions but I did not. I came last in the first test. So I looked for ways of learning online. For example, for history, drawing the timeline on paper helped me a lot. My grades then got a lot better. I'm very happy for myself.

Gina

My classmates bullied (霸凌) me in primary school. That was my darkest time. During military training (军训), I didn't have much life experience. So my roommates laughed at me a lot. When we were back in school, I became friends with a girl. But I soon found out that she was not my real friend. She said bad things about me behind my back. Then my teacher heard me and took care of the bullying. That's why I speak up when people bully my classmate now.

Frank

When I was in the sixth grade, I moved to a new city. At that time, I felt bad every day. My classmates all knew each other and had their small groups. I had no friends and lost interest in everything. My grades also became the worst in the class. Those were my darkest days. Later, I made a friend. He made me open up, and I started to talk to more people. Also, I came to get used to the weather in the city. Step by step, I felt better and better.

50. What did Bob do to improve his grades? _____
51. Who helped Gina get through the darkest time? _____
52. When did Frank lose interest in everything? _____
53. Have you had a dark moment? If you experience a dark moment, what can you do to get it through?

2023 北京十一学校初一 10 月月考英语参考答案

一、单项选择(1'×10=10')

1.C 2.A 3.D 4.A 5.B 6.A 7.C 8.C 9.D 10.B

二、完成句子 (1'×17=17')

11.tell stories friends 12.these notebooks 13 for lunch
healthy 14. want to join 15.crossing close to 16. watch
climb up

三、语法填空 (1'×13=13')

(1)17.photos 18.first 19.parents 20.second 21.in/of

(2)22.needs 23.get 24.me 25.to find 26.how 27.is ,
28.minutes 29.shopping/doing some shopping.

四、完形填空 (2'×10=20')

30.A. 31.C. 32.D 33.B 34.A. 35.A 36.D 37.D 38.B 39.C

五、阅读理解 (2'×10=20')

40.C 41.D 42.A 43.B 44.C 45.A 46.B 47.C 48.C 49.A

六、阅读与表达 (2'+2'+2'+4"=10')

50.He/Bob looked for ways of learning on line. For history, he
drew the timeline on paper.

51. The teacher helped her get through it.

52. At his sixth grade./ When Frank was in the sixth grade.

53. Yes, I have had a dark moment. I can ask my parents and
teachers help me.I can also take exercises.